

HURON COUNTY HEALTH DEPARTMENT

COMMUNICABLE DISEASE NEWSLETTER



In this quarter's newsletter

1. Measles update
2. Tick info
3. Kratum
4. Clinic dates and contact information

• CD Program Contact information

To Speak to a CD nurse call 989-269-9721 ext 163
The voicemail is confidential and only answered by
our CD Nurses

Learn more on Kratum



Measles

Currently there is an outbreak of measles in Washtenaw county. It is important for providers to be aware of the chance that someone may have measles, especially if the person is unvaccinated and/or had travelled to Washtenaw county. Below is some information and links related to Measles.



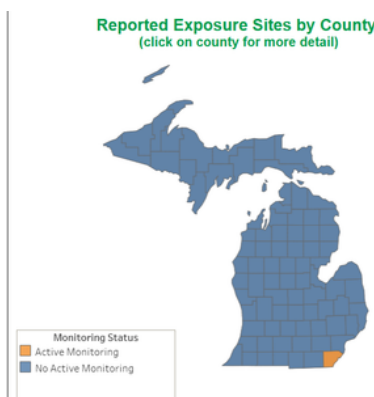
Measles is a highly contagious disease that can lead to serious complications.

Symptoms usually begin 7-14 days after infection.

[Link to CDC site on Measles](#)

Healthcare providers: Stay alert for measles cases. Click for more info

Measles Updates



click to go to MDHHS measles dashboard

Vaccination is important

Measles vaccine is included in MMR and MMRV.

Children receive 2 doses of MMR vaccine is recommended by the CDC.

Resources

Link to the 2026 document

https://www.michigan.gov/-/media/Project/Websites/mdhhs/Folder2/Folder97/Folder1/Folder197/Reportable_Diseases_Michigan_by_Condition.pdf?rev=2675c95cf938417ebad8a6398b681a8a

Link to the changes made

https://www.michigan.gov/-/media/Project/Websites/mdhhs/Folder2/Folder97/Folder1/Folder197/Reportable_Diseases_Michigan_by_Condition.pdf?rev=2675c95cf938417ebad8a6398b681a8a



7-Hydroxymitragynine (7-OH)-Enhanced kratom products: What Michigan providers need to know

Public Health Bulletin for Health Care Providers – March 2026

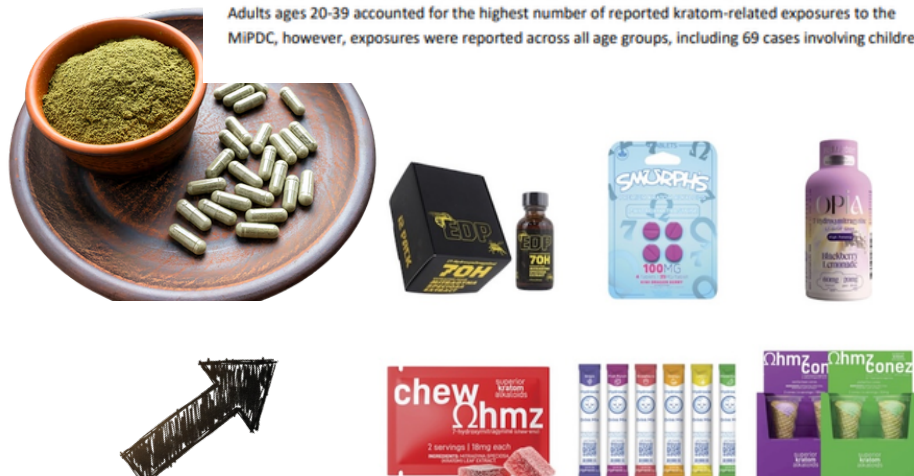
Dear colleagues,

We want to bring to your attention the rise of "synthetic kratom" and **concentrated 7-hydroxymitragynine (7-OH) products** (or 7-OH-enhanced kratom products) in Michigan's unregulated market, and the ongoing public health impacts.

While kratom (*mitragyna speciosa*) is a Southeast Asian tree known for mild stimulant effects from mitragynine and trace amounts of 7-OH, modern products carrying the "kratom" label are often unregulated, significantly more potent – containing added concentrations of 7-OH – and dangerous. These high-potency products, or 7-OH-enhanced products, are rapidly displacing traditional kratom leaf-products on retail shelves, creating a false sense of safety for consumers and increasing public health risks.

We continue to see calls to the [Michigan Poison and Drug Information Center \(MiPDC\)](#) related to exposures from kratom-labeled products, including cases involving adverse interactions, polysubstance use and concerns about severe symptoms. These calls often involve **concentrated products containing 7-OH** or situations where labeled kratom products were used alongside other substances. According to the MiPDC, in 2025, 7-OH-enhanced kratom product exposures demonstrated **higher risk of overdose**, higher withdrawal burden, more frequent buprenorphine recommendation/administration and higher ICU utilization. **This suggests that rapid market penetration of the highly potent 7-OH-enhanced kratom products is associated with greater health care utilization and withdrawal severity.**

While the annual number of reported exposures has fluctuated over time, cases increased in 2025. Adults ages 20-39 accounted for the highest number of reported kratom-related exposures to the MiPDC, however, exposures were reported across all age groups, including 69 cases involving children.



Click to find more information

Kratom is an opioid like substance that is available in both nationwide including Huron County.

Illnesses seen Quarter 1

Jan/ Feb/ April

Communicable Disease Report		2024	2025	2026
Total Cases Investigated		603	603	618
Total Foodborne Cases Investigated		3	5	4
Cases seen this quarter	Cryptosporidiosis	2	0	1
	Campylobacter	0	3	2
Total sexually transmitted diseases		15	10	9
Cases seen this quarter	Gonorrhea	1	1	1
	Chlamydia	13	8	7
Total Rabies Cases Investigated		16	17	21
Total Respiratory Cases		334	326	486
Cases seen this quarter	Latent TB infections	2	3	4
	Covid	410	73	119
	Influenza- lab confirmed*	24	9	52
	Flu like illness*	647	563	293
Total Vaccine Preventable Cases Investigated		4	1	3
Cases seen this quarter	Pertussis	1	0	2
	H Influenzae- inv	1	0	1

*Due to different state reporting guidelines not all influenza cases are reported individually, most are only reported as an aggregate number under flu like illness. Pediatric deaths, severe illnesses, or novel flu viruses are required to be reported individually.

Upcoming Clinics and Events

Immunizations

📞 (989) 269-9723

Hours: Monday - Friday: 8 AM - 12 PM and 12:30 PM - 4 PM

Appointments: Call to schedule (Walk-ins accepted if a nurse is available)

Late Clinics: 1st and 3rd Tuesday each month from 11am-7pm

August/Sept/Oct/Nov/Dec

10am-6pm

Jan-July

Please Note: A parent or legal guardian must be present with a child under 18 years old. Legal guardians must bring proof of guardianship.

2026 SEBEWAING IMMUNIZATION CLINIC

~~Friday, February 27th~~

Friday, April 24th

Friday, June 26th

Friday, August 28th

Friday, October 23rd

Personal Health Services

☎ (989) 269-9721 ext. 162

Appointments with Nurse Practitioner available on:

1st Friday of the month from 8:00am-4:00pm (closed 12:00-12:30 for lunch)

3rd Thursday of the month from 10:00am-6:00pm

Birth Control Supplies & STI testing available various days each month.

See calendar for those upcoming dates.

Appointments preferred but walk-ins accepted (schedule permitting)

Women, Infants, and Children (WIC)

☎ (989) 269-3301

By Appointment on Monday, Wednesday and Thursday

Late Clinic by Appointment: 1st and 3rd Thursday of each month until 6 PM

Outreach Clinics available in Harbor Beach & Sebewaing. See schedule below

See website for calendars

HCHD.us

**Late clinics are closed from 1-1:30 for
lunch**